

## Workshop Supply List

## Sashiko Table Topper

May 10, 2025

Instructor: Janet Elia

Location: All About Quilts 10AM – 3PM

In this workshop you will learn about Sashiko:

- how to transfer patterns onto fabric
- the Sashiko stitch
- appliqué
- discussion on quilting your project.

**PATTERN:** Available at workshop \$3.00 (covers cost of printing)

### **FABRIC:**

Please have squares pre-cut **prior to class**

25" Square of Dark Blue (or your favorite Solid) loose weave fabric for background

**NOTE:** if creating appliqué center bring additional supplies: Freezer paper, 3 FQ for flowers

### **NOTIONS & EQUIPMENT:**

Clover white Chacopy (or similar white dressmaker tracing paper)

Amazon: Clover New 24-141 Chakopie, Single sided White

Japanese Sashiko Needles or #22 Chenille Sharp end Needles

1 skein of Japanese Sashiko thread –or- 1 skein of #5 White Pearl Cotton –or-

1 skein of white DMC embroidery floss

Tracing wheel –or- Clover Tracing Pen –or- pen with no ink!

White marking tool: Charo liner – white marking pen

Quilting thread to match background fabric

Thimble (if you use one!)

Pins or Sew-Tites

Scissors (embroidery, if adding applique flower, need a larger pair of scissors)

If you have any questions feel free to contact me at: [janetquilts@comcast.net](mailto:janetquilts@comcast.net)

And check out my blog: [janetanncreations.blogspot.com](http://janetanncreations.blogspot.com) (sashiko pictures on blog)

Looking forward meeting you!

Happy Quilting, Janet ☺



Traditional



Applique Flower